



**Red Storm Basketball Club  
2024-2025 Club Handbook**

[www.redstormbasketball.com](http://www.redstormbasketball.com)

## **Introduction:**

Red Storm Basketball is a member club of the Amateur Athletic Union (AAU) and YBOA.

Red Storm Basketball believes that individual skill development and discipline are the two most important parts of club basketball. We are dedicated to providing the most comprehensive technical/skill training to each of our players so they can reach their highest potential. We believe that great teams develop from having great players so we will do our best to help each player become the best he can be. Additionally, we feel it is important that players learn how to be great teammates and learn the tactical part of the game as well. Welcome to Red Storm Basketball Club.

## **Red Storm Basketball Club Mission Statement:**

Red Storm Basketball is a local Louisiana sports club focused on touching the lives of young athletes through the game of basketball. We are based out of the Team Automotive Group Sportsplex, the largest indoor basketball facility in Baton Rouge, and are proud members of the Amateur Athletic Union (AAU) and YBOA. Through these organizations and our love of basketball we instill leadership and team-based principles in the athletes to create leaders of the future.

## **Tryout Process:**

Teams will be selected by Red Storm Directors and Coaches. Players will be chosen based off the evaluation provided by Red Storm. Red Storm will place players on teams, regardless of age requirements, where players can be comfortable and competitive.

## **Player Development:**

Red Storm is committed to training our athletes for the duration of the club season. Throughout the season, practices will be split up into 3 segments. Skill development, Team Offense, and Team Defense will be covered at each practice. Coaches are required to have a written practice plan of what will be covered at each practice. Each team philosophy will vary based on personnel, but skill development and team concepts will be stressed at each practice to ensure each athlete advances in his skill development as well as his knowledge of the game.

## Coaching Staff:

Red Storm's administrative staff as well as coaching staff has a wealth of knowledge and experience in basketball and management. Many of our coaches have had great playing careers as players, and now have transitioned into coaching. Contact info, as well as bios for each coach and administrator can be found online at [www.redstormbasketball.com](http://www.redstormbasketball.com).

### Red Storm Coaches are responsible for the following:

- Practice Plan for each practice. (Split into thirds – Skills Development, Team Offense, & Team Defense)
- Arriving 15 minutes early to practice.
- Arriving 45 minutes early to games, as well as providing two warm up balls.
- Updating Scheduling App (Team Manager) with game times at tournaments.

## Tournament Information:

The location and number of tournaments each year are set by Red Storm. Red Storm guarantees each team a full season, which includes a minimum number of tournaments and games. Each team will not play the same exact tournament schedule. Tournaments will fit the needs of each individual team.

Tournament information will be provided once it is released by the tournament directors. Usually schedules are not released until Wednesday, and they will be promptly put on Team Manager for parents to have access to.

### Typical Tournament Breakdown: 8 Tournaments

- Local Tournament: 3 games (Min.)
- Local Tournament: 3 games (Min.)
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- Local Tournament: 3 games (Min.)
- Local Tournament: 3 games (Min.)
- Out of State Tournament: Program Trip 3 games (Min.)
- Out of State Tournament: Program Trip 3 games (Min.)

**\*\*Not every team will go out of state. Some teams may travel more than 2 weekends\*\***

## Club Fee Breakdown: \$2,750

The cost for membership associated with each team will be the exact same. The fee covers everything required to be a member of the team, as well as tournament entry fees. The fee payment is due at the beginning of the season when a player commits to play on the team. Once a player commits, parents will receive a practice schedule as well as their tuition invoice. **Tuition is due at the time of accepting a position on the team.**

Fees do not cover any travel, hotel accommodations, or food a player may need during a tournament. Players and parents often workout carpools to reduce costs when attending tournaments.

- 1.5hr practices from March-End of May/Beginning of June Depending on timing of the last tournament
- 8 tournaments -- *No tournaments will be added.*
- Team Gear
- YBOA Registration
- Tournament Entry Fees
- Coaches' Salaries
- Travel, Per Diem for Coaches
- Administrative costs/Misc. Supplies
- Subscription Fees
- Misc. Expenses

## Travel Policy:

Red Storm Basketball does not cover any travel, hotel accommodations, or food a player may need during a tournament. Players and parents often workout carpools to reduce costs when attending tournaments.

## Injury Policy:

Any player that suffers any injury that is medically proven to prohibit them from participating in practice or events with their Red Storm team for the **duration of the season**, may be eligible for the following refund:

- Notification to Red Storm Club Directors prior to March 15: 50% Refund
- Notification to Red Storm Club Directors prior to April 15: 25% Refund
- Notification to Red Storm Club Directors after April 15: 0% Refund

Injured players are asked to attend practices as long as it does not alter recovery from the injury. This is important for observation and investment purposes.

## Attendance/Commitment

It is vital to be fully committed to Red Storm Basketball. If players put maximum effort into practices, scrimmages and games, you are likely to have a successful season. Playing travel sports is a big commitment in time and in effort. If players are going to miss practices, they need to notify their coach at the earliest possible time. **Excused absences are those related to family, faith, school, or illness.** Red Storm understands some athletes play more than one travel sport. We support these players and welcome them to grow in all sports they participate in. Multi-sport athletes must understand though, that by missing practices or missing games during tournaments, this may affect their experience and playing time during games. Any player that misses a tournament game during the duration of a tournament, is not guaranteed to play in games they are able to attend during that same tournament. **Playing time is always at absolute discretion of the coach of the team.**

**Fees will not be refunded for players who chose not to finish the season. Players are not allowed to play on multiple travel basketball teams. Players who miss a tournament to play with another basketball team or for another sport will be removed from our program and fees will be forfeited.**

## **Playing Time**

Playing time for each team will be determined by that team's coach. It is impossible and unrealistic to expect each player on a competitive team to play exactly 50% of the game. Playing time will be determined during practice time, and a player's ability to perform in game situations at tournaments. Each player will be given ample opportunity to showcase his ability in a tournament setting.

While Red Storm's ultimate goal is to provide each athlete with the most comprehensive basketball experience, this does not guarantee playing time in each game. As teams leave pool play of a tournament and enter elimination games, it is possible a player may not play in a game. The best way to prevent this as an athlete is to be at every practice giving maximum effort and to be engaged on the bench during the game waiting for your time to enter.

## **Conduct at Tournament/Practice Site:**

It is the intent of Red Storm to be a leader in the basketball community in the South. It is also the intent of Red Storm to lead by example, which means you: the athlete, the parents, and the coaches.

"Conduct Unbecoming an Athlete" will not be tolerated at any Red Storm function. This covers a wide variety of circumstances, for example, not being a team player, getting into fights with fellow team members, the use of foul language or rude gestures towards teammates, other athletes, parents, coaches, officials or opponents. Please note that all circumstances are not accounted for and in the event of an undue circumstance, the Club Director will take appropriate action.

## **Grievance Procedure:**

Red Storm fully welcomes all feedback positive or negative throughout the year and encourages parents to take an active role in their child's athletic career. The below procedure is designed to help athletes and parents with questions, concerns or problems that may arise throughout the course of the season.

1. **24 Hour Rule:** If the athlete or parent has a concern arising from a tournament game or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the tournament or practice to discuss the issue with the coach.
2. Once a parent asks to meet with a coach, a time will be selected before or after a scheduled practice to meet. The meeting will be held in one of the offices at Team Sportsplex in a private setting. This will allow for all parties involved to be completely honest about the situation at hand.
3. If the issue remains unresolved, a parent may ask for a meeting with the Club Director, coach, and athlete. The decision of the Club Director at this point is FINAL.

It is essential that our Club Director, coaches, and parents create an environment within our teams that promotes and encourages the athlete's growth in basketball.

**\*\*If at any point, a parent approaches a coach after a game regarding a complaint about playing time, that child will sit the remainder of the tournament day\*\***

## **General Club Rules:**

This includes the club's rules as well as any rules of BRBVA, and AAU. Rules will be clearly stated and will be enforced. Each team may have its own rules established by the coach and approved by the club.

### **General Facility Rules:**

- Only water and sports drinks allowed on courts.
- No athletes should be in the Red Storm offices unless supervised by a coach.
- No coolers or outside food allowed in the facility. No coolers will be allowed during tournaments at Team Sportsplex unless otherwise specified.
- Basketballs are to be used on the court only – not in the lobby, restrooms or outside.
- Do NOT bring valuables to Team Sportsplex. We are not responsible for lost or stolen items.
- Demonstrate respect for yourself, other patrons, staff, and property while enjoying the facility.
- Parents are welcome to stay at practices; however, we will ask that you stay in the large concession room.

### **Rules Specific to Red Storm and Team Sportsplex:**

- Red Storm will enforce all Team Sportsplex rules.
- Each team/coach is responsible for returning basketballs and racks at the end of each practice and tournament.
- Equipment room must remain organized.
- Teams should practice on court assigned to them.
- Red Storm will supply first aid kits as necessary during practices and contests.
- Additional rules may be added during the course of the season.